



U.S. Pilates™ LLC

The Classical Pilates USA™ Teacher Certification Program Application Checklist

- Uploaded Letter from Physician and/or Physical Form
- Uploaded Professional Reference Letter
- Uploaded Personal Reference Letter
- Uploaded a copy of Driver's License or Identification Card
- Reviewed Enrollment Agreement
- Filled out and Uploaded Bridge Curriculum Form (if a Bridge Apprentice)
- Reviewed Non-Competition and Confidentiality/Non-Disclosure Agreement
- Professional Liability Insurance as a Pilates Instructor. Applicant must provide a Certificate of Insurance naming U.S. Pilates LLC as Certificate Holder as follows:

U.S. Pilates™, LLC
It's Successors in Interests and/or Assigns
105 South Victoria Park Road
Fort Lauderdale, FL 33301

Home Studio must also be added as
Additionally Insured.

Addresses for home studio to be used for
Additionally Insured:

Pilates Haus

140 Bay Street, Retail #4
Jersey City, NJ 07302
201-963-0436

Pilates Loft - Orlando

The Pilates Loft
879 N Orange Ave.
Orlando, FL 32801

Pilates Loft - Virginia

The Pilates Loft
3444 Fairfax Drive, Suite 2
Arlington, VA 22201

The Pilates Loft
2407 Columbia Pike, Suite 100
Arlington, VA 22204

The Pilates Loft
138 Church Street, NW
Vienna, VA 22180

Zoeli Pilates

1515 E Las Olas Blvd, Suite A
Fort Lauderdale, FL 33301

Balanced Birch Studio

77 Cowls Road
Amherst, MA 01002



U.S. Pilates™ LLC
The Classical Pilates USA™ Teacher Certification Program
Bridge Curriculum Form

Bridge Student Name: _____ **Date:** _____

Date of Entry into Bridge Program: _____

Total Number of hours required for observation, training and teaching: _____

**Must be taught by Certified Instructors approved by the U.S. PILATES*

The cost of Private Lessons will be in addition to the tuition and will be determined by the Center Director and any other certified instructor.

Bridge Apprentice will be required to attend all three (3) System Workshops (Beginner, Intermediate and Advanced). One or more of the System Workshops may not be held at the Training Center Studio attended by the Bridge Student. Workshops are given at U.S. PILATES™ LLC, Certification Centers.

Bridge Apprentice will be responsible for all travel costs associated with attendance. There is no extra charge for attendance at the Workshops.

Bridge Student will be required to take the Basic, Intermediate and Advanced Practical and Written Assessments and will be conducted in the same manner as if the Bridge Apprentice were a Full Teacher Certification Program Apprentice.

Unless expressly modified by this document, all of the remaining terms contained in the Application and Bridge Application shall apply to the Bridge Apprenticeship Program. A signed facsimile or electronic version of this Curriculum will be considered an original.

Agreed to:

Bridge Apprentice Signature: _____

Bridge Apprentice Print Name: _____

Center Director Signature: _____

Center Director Print Name: _____